



UBUD & MOUNTAIN ADVENTURE WEEKEND TRIP

Based in the picturesque village of Ubud, the cultural and spiritual centre of this idyllic island, you will spend 3 days and 2 nights exploring the culture of Bali. Home to stunning sacred temples, rice paddies, steep ravines and forests it is also where Elizabeth Gilbert author of best-selling "Eat, Pray, Love" found her inspiration.

A haven for the artistic, spiritual and alternative, Ubud is teeming with vegan cafes, crystal shops, chakra cleansing workshops and boho shopping galore. It also has its fair share of ancient sites such as; the Royal Palace, the cheeky inhabitants of the Sacred Monkey Forest Sanctuary, the Tirta Empul temple complex, intricately carved Goa Gajah (Elephant Cave) and Gunung Kawi with its rock-cut shrines.

In the past, Ubud was just a small village, but now it has grown into a thriving yet laid back cosmopolitan community pampering visitors in body and soul. A walk through the lush paddy fields, watching colourful processions of women gracefully balancing piles of fruit offerings on their way to the temple, are lasting impressions and simply breathtaking.

The PMGY team will arrange your private transport, accommodation, all meals and will accompany you throughout the trip.

We will be running the trip on the following dates.

24th January 2025 - 26th January 2025

21st February 2025 - 23rd February 2025

21st March 2025 - 23rd March 2025

25th April 2025 - 27th April 2025

23rd May 2025 - 25th May 2025

20th June 2025 - 22nd June 2025

25th July 2025 - 27th July 2025

22nd August 2025 - 24th August 2025

26th September 2025 - 28th September 2025

24th October 2025 - 26th October 2025

21st November 2025 - 23rd November 2025

26th December 2025 - 28th December 2025

23rd January 2026 - 25th January 2026

20th February 2026 - 22nd February 2026

20th March 2026 - 22nd March 2026

24th April 2026 - 26th April 2026

22nd May 2026 - 24th May 2026

26th June 2026 - 28th June 2026

24th July 2026 - 26th July 2026

21st August 2026 - 23rd August 2026

25th September 2026 - 27th September 2026

23rd October 2026 - 25th October 2026

20th November 2026 - 22nd November 2026

25th December 2026 - 27th December 2026

* Additional departure dates can be added if there are at least 6 participants looking to take part.

Each trip leaves on a Friday morning and returns on the Sunday evening.

The following are included in the fee:

- Private transport
- Accommodation (same sex)
- 3 meals per day
- Entrance fees
- English-speaking guide

BOOKING YOUR PLACE

If you've already signed up to one of our programs and would like to join our weekend trip then you can add it by [clicking here](#).

If you haven't signed up already, you can add the weekend trip onto your trip during the online application form, which you'll find by clicking on the 'Apply Now' button on the relevant program web page.

Please note places on weekend tours are non-refundable and non-transferable. If you are in-doubt about joining one of these trips then you always have the option to sign up once you have arrived in Bali. Spots are subject to availability but in the vast majority of cases there are still spots available once you are on the program and it gives you more flexibility with your travel plans.

Please do not put our team in a difficult situation by asking for a refund or to switch dates simply because you have made alternative plans. The local team have to make prior commitments for these trips and therefore making changes are not as easy as it may appear.

ITINERARY DAY 1 - TEMPLES & RICE PADDIES

After an early breakfast we drive to Batukaru Temple. Located at the base of Mount Batukaru, this ancient Balinese Temple boasts a variety of shrines, protected by tiered roofs. It is the largest Hindu temple in the region and is believed to be one of nine across the islands believed to project the island and its inhabitants from evil spirits. The temple's complex is divided into three courtyards, each of which host their own shrines. These courtyards are decorated further with blossoming gardens and charming statues. This is a temple simply filled with elegance!

As we continue our journey onto Ubud we will next visit the Jatiluwih Rice Terrace. This area is a famous tourist

attraction for beautiful rice terraces and has been designed with exquisite beauty in its hollowing rice field. It is precisely located amid the foot of Mount Batukaru, offering a spectacular panoramic view of the valley with rice terrace and coconut trees that ornament it. You will see the Balinese farmers do their rice field routines complete with its system irrigation. You will spend approximately 1 hour trekking through the lush green grasses of the land before digging into a buffet lunch surrounded by beautiful scenery

The final stop of the day is Gunung Kawi Sebatu Temple, a magnificent water temple complex. After admiring the striking temple with its accompanying ponds and gardens, it's time to put on a traditional sarong and sash, and head to the Holy Spring to take part in a blessing ceremony. Once you've made an offering to the Gods, you will be led into the pool by the temple priest to be blessed in the sacred waters. After dinner, it's time to get an early night; we have a very early start for the hike up Mount Batur in time for sunrise at the summit!



DAY 2 - MOUNT BATUR HIKE AND SOAKING IN HOT SPRINGS

Rise and shine! It's 2am and time to depart the hostel for the trek of Mount Batur! You will arrive at the starting point of the hike in Toyabugnkah Village around 3:45am and begin the hike from here. The sacred mountain draws tourists from all over the island for its breath-taking views over Lake Batur. You'll make it to the top just after 6am and arrive at the conveniently named 'Sunrise Point' to hopefully take in a very impressive sunrise that the lack of sleep will make up for! At 7am we will continue the trek around the entire crater before beginning the descent at the finishing point around an hour later back down to Toyabungkah Village.

From the village, we will head directly to Toya Bungkah Hot Springs for some well-deserved rest and relaxation. Here you can take a dip in the natural hot spring pool and sooth your calf muscles! After lunch we will head into Ubud where you will have free time to navigate all the hustle and bustle Ubud centre represents. Whether you want to pick up souvenirs at the local markets, grab some coffee from the huge range of cafes or take in some of the

ancient sites; the afternoon is yours to explore.

We will have dinner in Ubud and you will have the evening to soak up the Saturday night atmosphere.



DAY 3 - WATERFALLS, MONKEY FOREST & SUNSET IN TANAH

After a hearty breakfast, we will begin the day around 10am with the opportunity to shop until you drop in Ubud's bustling Art Market – Pasar Seni Ubud. A shopper's heaven for everything from silk scarves to coconut bowls and baggy pants, it's a perfect location to practice your haggling skills as you barter for the best deals.

We'll next take a brief stop at a tea plantation for a quick taster before sitting down for our final meal out for lunch. Next, we will make our way to Tegenungan Waterfall, located in the sacred river of Petanu River. This is a really fun waterfall to visit in Bali – if the waters aren't too high (and you're up for the journey down and back up the 150 steep steps!), you may even have a chance for a refreshing dip.

After you've dried off, it's time to embrace the craziness of Alas Kedaton Monkey forest, populated by hundreds of grey long-tailed macaques. You will be led throughout the complex by a local guide who will share with you the history of the complex... and fend off any cheeky monkeys!

Our trip will end in Tanah Lot. We'll first watch the sun set over the stunning Tanah Lot Temple, a historic landmark that has been a part of Balinese mythology for centuries. The temple is one of seven sea temples around the Balinese coast. We will enjoy our last traditional Balinese meal as a group in the temple grounds before heading back to the Volunteer House. The journey should take around 45 minutes, depending on the evening traffic!



ACCOMMODATION

You will stay in backpacker accommodation on Friday and Saturday night. Rooms are shared. The guesthouse will be basic but clean and comfortable. You'll have all the amenities you need such as western toilet and hot shower. Wi-Fi is also available, although it may be intermittent.

MEALS

You'll be provided with 3 meals per day. Meals will be typical Balinese cuisine and served at either the guesthouse or a local restaurant.

TRANSPORT

We will arrange your private transport and accompany you through the trip.

If the trips are taking place on the weekend you are due to finish the program then it may still be possible to join. The best thing to do in this situation is to add on this weekend trip and book your return flight to leave Bali on the Monday to ensure you have sufficient time for a smooth transfer back to the airport after the weekend trip. Please contact the International Team if you wish to extend for the Sunday night at our accommodation when the weekend trip is finished before departing Bali.